

NWRC Department of Health and Sport
in Association with DIAL presents

ACADEMY OF CLINICAL SKILLS AND ENHANCED CARE



TIME LIMITED
**FUNDING
AVAILABLE**
VIA DEPARTMENT
FOR ECONOMY

Autumn
2021
PROSPECTUS



north west
regional college
Derry-Londonderry • Limavady • Strabane

NWRC Academy of Clinical Skills and Enhanced Care

The NWRC Academy of Clinical Skills and Enhanced Care is a new initiative that will provide knowledge and skills courses to carers, be that informal/family carers or Health and Social Care professionals working across a range of settings.

Our courses may also be of interest to those thinking of joining the social care workforce as a new career pathway. Increasingly those providing social care are supporting individuals with complex physical support needs and so will benefit from training that builds confidence and competence in terms of daily personal care support and also responding to more specialised clinical care support needs.

Courses are offered at different levels and might be completed as skills competence assessed qualifications for employed workforce or as knowledge qualifications for informal carers. On all courses the emphasis

is on skills development, experiential learning, peer sharing and support.

We are seeking to provide flexibility in the course delivery, with short units of learning that are manageable for busy people and course delivery dates that are open. Our courses are a mix of online learning and hands on skills development delivered at the DIAL Centre at at Strand Rd campus Derry/Londonderry. DIAL is a state of the art and innovative facility which includes a fully simulated home environment with integrated technologies, equipment and use of home design which will facilitate carers to best apply new knowledge and skills in a realistic and informed context.

This is our Autumn prospectus which will run from November 2021 to February 2022, with further course bulletins planned for Spring and Summer 2022. Our future course offers will be informed by carer and employer feedback and priorities.





“DIAL is a health innovation hub with the focus to promote best and innovative solutions that support living well”



Level 2 and Level 3

Undertake personal hygiene activities with Individuals

Suitable for informal family carer or Health and Social Care workforce

Time:
6 hour course

Where:
DIAL Centre
located @ NWRC
Strand Road Campus

Cost:
£30 plus £14 registration fees



Accredited by
cache
for lifelong achievement

If working as a paid employee, a Level 3 qualification can be achieved by competence skills assessment in the workplace. As an informal family carer, a knowledge only unit with simulated practice will lead to a level 2 qualification in Understanding How to Support Personal Hygiene

Unit Overview

The learner will develop skills in providing personal hygiene for those individuals who are unable to care for themselves. This includes care of the skin, mouth, nose, eyes and ears and requires knowledge of the organs' anatomy and physiology. Application of infection control is required. The ability to follow a Care Plan is central to carrying out the activities.

Core Topics

- Current legislation, national guidelines, policies, procedures and protocols in relation to undertaking personal hygiene activities with individuals.
- Anatomy and physiology of the skin, nose, mouth, eyes, ears in relation to cleansing.
- Prepare for undertaking personal hygiene activities with individuals
- Undertake personal hygiene activities with individuals
- Record and report the outcome of the personal hygiene activity.

Assessment

Level 2 Knowledge only course assessed by coursework supported by simulated practice
Level 3 Written coursework and competence based work place assessment

Time limited funding available
via Department for Economy *



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 2

Understand how to support individuals to maintain oral health

Suitable for all carers whether informal or in paid employment

Time:
5 hour course

Where:
DIAL Centre
located @ NWRC
Strand Road Campus

Cost:
£30 plus £14 registration fees



Accredited by
cache
for lifelong achievement



Unit Overview

The aim of this unit is to provide learners with the knowledge and understanding required to support individuals to maintain oral health

Core Topics

- Understand the importance of good oral health
- Know how to support an individual to maintain good oral health
- Understand the effects of oral health on wellbeing
- Know the importance of including oral health in care plans and records

Assessment

Assessed by Coursework and Simulated Practice to support knowledge

Time limited funding available
via Department for Economy *



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 2 and Level 3

Undertake Agreed Pressure Area Care

Suitable for informal family carers or Health and Social Care Workforce

Time:
8 hour course

Where:
DIAL Centre
located @ NWRC
Strand Road Campus

Cost:
£14 Registration fee
plus tutor fees



Accredited by
cache
The Quality Standard

If working as a paid employee, a Level 3 qualification can be achieved by assessment in the workplace with consent from employer.

As an informal family carer, a knowledge only unit with simulated practice will lead to a level 2 qualification in Understanding pressure area care.

Course Overview

The aim of this unit is to provide learners with the knowledge and understanding of pressure area care. They will also understand good practice, how to follow an agreed care plan and the importance of valid consent in order to carry out pressure area care. Learners will also understand how to care for and maintain healthy skin and prevent skin breakdown, by undertaking pressure area care in accordance with an individual's care plan and risk assessment.

Core Topics

- Anatomy and physiology of the skin in relation to pressure area care
- Good practice in relation to own role when undertaking pressure area care
- Follow the agreed care plan
- Understand the use of materials, equipment and resources that are available when undertaking pressure area care
- Prepare to undertake pressure area care
- Undertake pressure area care.

Assessment

Level 2:
Coursework and Simulated Practice to support knowledge
Level 3:
Coursework and competency based assessment in workplace



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 2

The Principles of Infection Prevention and Control

Suitable for informal family carers or Health and Social Care Workforce

Time:
12 hour course

Where:
DIAL Centre
located @ NWRC
Strand Road Campus

Cost:
£14 Registration fee
plus tutor fees



Accredited by
cache
The Quality Standard

Unit Overview

To introduce the learner to national and local policies in relation to infection control; to explain employer and employee responsibilities in this area; to understand how procedures and risk assessment can help minimise the risk of an outbreak of infection. Learners will also gain an understanding of how to use Personal Protective Equipment (PPE) correctly and the importance of good personal hygiene.

Core Topics

- Understand own and others' roles and responsibilities in the prevention and control of infections.
- Understand legislation and policies relating to prevention and control of infections.
- Understand systems and procedures relating to the prevention and control of infections
- Understand the importance of risk assessment in relation to the prevention and control of infections.
- Understand the importance of using PPE in the prevention and control of infections.
- Understand the importance of good personal hygiene in the prevention and control of infections.

Assessment

Coursework and Simulated Practice

Time limited funding available via Department for Economy *



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 2

Manual Handling Principles and Practices

Suitable for those embarking upon a career in Health and Social Care. Can also be undertaken by those with an informal family carer role.

Time:
6 hour course

Where:
DIAL Centre
located @ NWRC
Strand Road Campus

Cost:
£30 plus £6 registration fees



Accredited by



Course Overview

The Manual Handling Principles and Practice course is designed to provide you with the knowledge and understanding to equip those in the workplace with the necessary skills and knowledge to undertake manual handling tasks during their working day. The qualification is tailored to suit working in an health and social care environment.

Core Topics

- Understand the reasons for safe manual handling
- Understand how manual handling risk assessments contribute to improving health and safety
- Understand the principles, types of equipment and testing requirements associated with manual handling safety
- Be able to apply safe manual handling award

Assessment

Simulated competency based assessment



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 3

Certificate in Emergency First Aid (inc. Defibrillation)

Suitable for anyone who would like to learn the skill of emergency first aid including the use of a defibrillator in an emergency situation

Time:
6 hour course

Where:
DIAL Centre
located @ NWRC
Strand Road Campus

Cost:
£30 plus £6 registration fees



Accredited by



Course Overview

This SafeCert Award (RQF Level 3/SCQF Level 6) qualification complies with the guidelines and criteria as defined by the Health & Safety Executive (HSE) in respect of the 1981 (First Aid) Regulations as well as the HSENI with Health and Safety (first aid) Regulations (Northern Ireland) 1982. Where the risk assessment of First Aid needs identifies the need for First Aiders, then this course will give your learners that, subject to assessment.

Core Topics

1. Understand the role and responsibilities of a first aider
2. Be able to assess an incident
3. Be able to provide first aid to an unresponsive casualty
4. Be able to provide first aid to a casualty who is choking
5. Be able to provide first aid to a casualty with external bleeding
6. Know how to provide first aid to a casualty who is in shock
7. Know how to provide first aid to a casualty with minor injuries

Assessment

Simulated competency Based assessment



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 3 Award

Basic Life Support and Management of Anaphylaxis (RQF)

Suitable for anyone who would like to learn the skills involved in Basic Life Support and the treatment of anaphylaxis

Time:

5 hour course

Where:

DIAL Centre
located @ NWRC
Strand Road Campus

Cost:

£30 plus £6 registration fees



Accredited by



Course Overview

The SafeCert Level 3 Award in Basic Life Support and Management of Anaphylaxis (RQF) is a training qualification which is specifically designed for those who need to recognize anaphylaxis and be able to treat the casualty until medical help arrives. This award covers the basics such as managing unresponsive casualties who are not breathing normally.

Core Content

The award has 4 learning outcomes as follows:

- Be able to manage an unresponsive casualty who is breathing normally
- Be able to manage a casualty who is not breathing normally
- Know how to recognise a casualty with anaphylaxis
- Be able to manage a casualty with anaphylaxis

This award is usually completed in minimum of 5 hours teaching and has one unit. The award comes with a qualification certification. This very practical course will enable your learners to be competent in a variety of settings.

Assessment

The qualification is valid for 3 years and all learners will be assessed for their practical skills as well as their knowledge in the form of a multiple choice question paper.



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 3

Care for Individuals with Urethral Catheters

Suitable for those who work in Health and Social Care and provide care and support to individuals with urethral catheters.

Time:

6 hour course

Where:

DIAL Centre
located @ NWRC
Strand Road Campus

Cost:

£30 plus £14 registration fees



Accredited by



Course Overview

This course includes monitoring the individual's condition relevant to the catheter care programme and recognising adverse effects and potential complications. It also covers monitoring hygiene and caring for the catheter.

Core Topics

- Current legislation, national guidelines, policies, protocols and good practice relating to caring for individuals with urethral catheterisation
- The procedure of urethral catheterisation
- The use and application of catheter care equipment
- Prepare individuals to carry out urethral catheter care
- Carry out care for individuals with urethral catheters
- Monitor and check individuals undergoing urethral catheter care

Assessment

Coursework and competence based assessment in the workplace subject to employer consent

Time limited funding available via Department for Economy *



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 3

Undertaking Stoma Care

Suitable for those who work in Health and Social Care and provide care and support to individuals with bowel or bladder stomas

Time:
6 hour course

Where:
DIAL Centre
located @ NWRC
Strand Road Campus

Cost:
£30 plus £14 registration fees



Accredited by

cache
The Learning Accelerator



**Time limited funding available
via Department for Economy ***

Course Overview

This course is to enable carers to support and care for individuals with new stomas or for individuals with established stomas who are unable to manage their own stoma care. This unit is applicable in a variety of care environments including hospitals, care homes, the individual's own home or other community environments such as GP surgeries.

Core Content

- Current legislation, national guidelines, policies, protocols, and good practice related to stoma care
- Anatomy and physiology in relation to conditions requiring stoma care
- Prepare individuals for stoma care
- Carry out stoma care for individuals
- Monitor and check individuals following stoma care

Assessment

Coursework and competence based assessment in the workplace subject to employer consent



**ONLINE eLEARNING
COURSES**

** Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.*

Level 1

Diabetes Awareness in Health and Care

(Online eLearning with tutor support)

This course is open to both individuals working in the health and social care sector or those wishing to gain knowledge for personal reasons in this area of care and support

Time:

3 hour course

Where:

online e-learning
with tutor support

Cost:

£30 plus £14 registration fees



Accredited by



Course Overview

This unit will give learners an opportunity to explore the characteristics and main types of diabetes, outline how people with diabetes can monitor their condition and understand some of the key preventative measures that can be taken by those at risk.

Core Content

- Know the main characteristics of diabetes
- Understand how to monitor diabetes and prevent the condition developing.

Assessment

Knowledge only course
Assessed by: Written Coursework

Time limited funding available
via Department for Economy *



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 3 Award

Supporting Individuals Living with Dementia

(Online eLearning with tutor support)

Suitable for formal and informal carers who live and work with Individuals living with dementia.

Time:

TBC

Where:

online e-learning
with tutor support

Cost:

£30 plus £26 registration fees



Accredited by



Qualification Aim

The OCN NI Level 1 Award in Supporting Individuals Living with Dementia qualification has been designed to provide an understanding of how to support individuals with dementia and how to seek support and advice for those affected by dementia.

Qualification Objectives

- recognise the characteristics and symptoms of dementia
- know where to seek dementia support, advice and guidance
- recognise the symptoms of dementia and appropriate support to be provided for individuals with dementia and their carers
- know the importance of and how to record activities in relation to supporting individuals with dementia

Assessment

Knowledge only course
Assessed by: Written Coursework

Time limited funding available
via Department for Economy *



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.

Level 2 Award

Awareness of End of Life Care

(Online eLearning with tutor support)

This course is open to both individuals working in the health and social care sector or those wishing to gain knowledge for personal reasons in this area of care and support.

Time:

10 hour course

Where:

online e-learning
with tutor support

Cost:

£30 plus £48 registration fees



Accredited by



Time limited funding available
via Department for Economy *

Course Overview

The purpose of this unit is to assess the learner's knowledge and understanding when beginning to work in end of life care

Core Content

- Know different perspectives on death and dying
- Understand the aims, principles and policies of end of life care
- Understand factors regarding communication in end of life care
- Know how to access the range of support services available to individuals and others

Assessment

Knowledge only course
Assessed by: Written Coursework



* Funding is available through the Flexible Skills Program and ERAP which is Economic Recovery Action Plan to do with post Covid economic development.



"Social care workers are at the front line, caring for and supporting people at the heart of their communities. A qualified and skilled workforce that is rewarded and feels valued is essential for high quality care that is sensitive to individual needs. We will therefore make care work a more rewarding vocation, offering a career where people can develop new skills and take on new challenges as they become more experienced."

(Build back better, 2021)

"I think of a tree, I am the trunk and I support my branches. This gives me a purpose in life and that's the main thing I get from caring. A sense of purpose, pride and achievement."

(anon)

"There are bad days, of course. Every job comes with bad days. But the good days make this the best job in the world. I have developed new skills that have opened doors along a 'journey of discovery'. I would not swap the bad days, those are the days that teach us the real meaning of care."

(anon)



www.nwrc.ac.uk
074 3683 9960



Department for the
Economy
www.economy-ni.gov.uk

DISCLAIMER

We make every reasonable effort to ensure that the information provided in this course guide is correct at the time of going to print (August 2021). The College shall not be bound by any errors or omissions, and cannot accept liability in respect thereof.

Any subsequent changes will be published online. Please refer to www.nwrc.ac.uk for the latest information before you apply.

The College will make every effort to deliver in accordance with the descriptions set out in this course guide. However, the College is dependent upon public funds which have to be managed in a way which is efficient. The College therefore reserves the right to make variations to the content or methods of delivery of assessment of courses, to discontinue courses or to merge or combine courses, if such action is reasonably considered to be necessary in the context of its wider purpose. If the College discontinues any course, we will use reasonable endeavours to provide a suitable alternative.

In the event of a pandemic, the College may have to implement restrictions in respect of your study or effect a temporary College closure. Please be assured, in such instances NWRC will follow government advice and will make appropriate reasonable adjustments to maintain the ongoing quality of teaching and support for all of our students. In line with the Consumer Rights Act 2015, you will be notified of any such changes, the reasons for the changes and any options available to you to avoid such changes having an adverse impact on your future career and financial prospects.

ACKNOWLEDGEMENTS

This course guide was designed, edited and produced by the NWRC Marketing and PR team.

We would like to thank all students and staff who helped with the production, especially those students who supplied testimonials and agreed to be profiled.



north west
regional college
Derry~Londonderry • Limavady • Strabane

How do I get involved?






Contact

Clare Gallagher
Curriculum Manager
Health and Sport
North West Regional College
Derry~Londonderry

T: 028 7127 6181

E: Clare.Gallagher@nwrc.ac.uk

Follow us

-  [@mynwrc](https://twitter.com/mynwrc)
-  [/mynwrc](https://www.facebook.com/mynwrc)
-  [@nwrc_college](https://www.instagram.com/nwrc_college)
-  [@mynwrc](https://www.snapchat.com/add/mynwrc)
-  search 'nwrc'

www.nwrc.ac.uk